

**From:** Beshara, Colette

**Sent:** Wednesday, September 15, 2004 8:14 PM

**To:** Buhler, Barb

**Subject:** A DPCP FYI-September 16, 2004-please post on the DPCP FYI portion of [diabetes.sd.gov](http://diabetes.sd.gov)

Welcome to the September 16th edition of the DPCP FYI. Each FYI is received by over 300 diabetes care providers in and around South Dakota. If you have trouble with the attachments or links, the e-Bulletin is also posted on the Diabetes Prevention & Control Program website at <http://diabetes.sd.gov> under "DPCP FYI".

If you have suggestions for improvement to the DPCP FYI or if I can otherwise be of assistance, please let me know.

Colette

### **Surfing the Wave: Diabetes 2004**

The Mount Rushmore Chapter of Diabetes Educators is holding *Surfing the Wave: Diabetes 2004* on October 14 & 15 in Sioux Falls. Sessions include:

- *The Tidal Wave of the Metabolic Syndrome* and
- *Riding the Crest: Management and Case Studies of Metabolic Syndrome* by Dr. Marc Rendell
- *It's a Whale of a Medication Update* by Misty Jensen, Pharm. D,
- *The Water Diet (No Carb, No Fat, No Gain): Fad Diets* by Nancy Bertsch RD, LN,
- *An Introduction to Behavioral Diabetes Coaching* by Dr. William Polonsky.

For a conference brochure, contact Mary Haan at (605) 322-8998.

### **SEARCH for youth**

SEARCH is a 5-year multi-center study funded by the CDC (Center for Disease Control and Prevention) and NIDDK (National Institute of Diabetes and Digestive and Kidney Diseases). The study focuses on children and youth in the U.S. who have diabetes.

The study goals are to (1) identify the number of children and youth under age 20 who have diabetes, (2) study how type 1 diabetes and type 2 diabetes differ, including how they differ by age and race/ethnicity, (3) learn more about the complications of diabetes in children and youth, (4) investigate the different types of care and medical treatment that these children and youth receive, and (5) learn more about how diabetes affects the everyday lives of children and youth who have diabetes.

For further information, visit [www.searchfordiabetes.org](http://www.searchfordiabetes.org).

### **DPCP Link**

The DPCP has a program called "The Link". People with diabetes send us their mailing address and we send an initial packet of information including a book developed by the CDC called "Take Charge of Your Diabetes", a cookbook and 10 brochures (i.e.-Diabetes and Your Heart, Diabetes and Your Eyes, etc). Then quarterly, all those on the mailing receive self-care information-remember to get flu and pneumonia vaccinations, general nutrition for people with diabetes, etc. If you would like to receive some postage-paid cards to give to your clients, contact me at 1-800-738-2301.

## **Dietary Guidelines**

The 2005 Dietary Guidelines Advisory Committee Report has been released. This Report will serve as the basis for the sixth edition of *Nutrition and Your Health: Dietary Guidelines for Americans* which HHS and USDA expect to publish in January 2005. The report can be found at [www.health.gov/dietaryguidelines/dga2005/report/](http://www.health.gov/dietaryguidelines/dga2005/report/).

If you have been forwarded this message and would like to be a regular recipient, please email [colette.beshara@state.sd.us](mailto:colette.beshara@state.sd.us).

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